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JOSEPH SANDRI JOINS FIRST AVENUE NETWORKS EXECUTIVE TEAM

MCLEAN, Va., May 23, 2005 - First Avenue Networks (OTC-BB: FRNS), a wireless carrier's carrier, today announced that Joseph M. Sandri, Jr., has joined the company in the dual capacity of senior vice president and president of the solutions division.

Sandri will be instrumental in structuring, launching and leading First Avenue Networks Solutions, a division focused on customizing products and services for the government market. He will also play a lead role in establishing and operating a spectrum research and development laboratory, as well as managing First Avenue's overall operations, which provide carriers with cost-effective, reliable and rapidly deployed fixed wireless solutions for mobile backhaul, fiber extensions and high-bandwidth connectivity.

Sandri brings over 14 years of fixed wireless industry experience to First Avenue. His experience includes service on the boards of the Wireless Communications Association International and the Association for Local Telecommunications Services (now CompTel/ALTS), in addition to ongoing service on the U.S. State Department International Telecommunications Advisory Committee for Radiocommunications. He is president-elect of the Institute for Communications Law Studies, Columbus School of Law, Catholic University of America, alumni association. Most recently, he served as the president of IDT Spectrum, and was senior vice president and regulatory counsel for Winstar/IDT Solutions.

"Mr. Sandri's depth and breadth of experience in our industry is singular. There is simply no better qualified person to lead the government and regulatory initiatives of First Avenue," said Dean Johnson, president and CEO, First Avenue Networks. "His track record in spearheading important legislation and spectrum policy demonstrates his vision for the development of fixed wireless."

"First Avenue Networks has industry leadership grounded in deep spectrum holdings and technology awareness," said Sandri. "Its focus on growth in fixed wireless access displays a clear understanding of the network value chain."

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About First Avenue Networks

First Avenue Networks (OTC-BB: FRNS) is a wireless carrier's carrier. The company is leading the fixed wireless backhaul and access evolution by building fixed wireless solutions for mobile backhaul, bypass and fiber extensions that are cost-effective, reliable and rapidly deployed.

Since acquiring the 39 GHz licensed spectrum assets of Advanced Radio Telecom in 2001 and the 24 GHz assets and operations of Teligent in 2005, First Avenue has amassed the premier collection of millimeter wave spectrum assets in the United States. It has approximately 1.5 billion channel pops between its 24 GHz and 39 GHz spectrum licenses. First Avenue offers nationwide coverage and added depth in major U.S. metropolitan areas, holding nearly 600 MHz of spectrum in the top 75 U.S. markets. For more information, please visit the company's web site at <<http://www.firstavenet.com/>> or call (703) 873-4150.

The above information includes forward-looking statements regarding the provision of services by the Company and other opportunities in the Company's marketplace. These statements are not guarantees of future performance. Known and unknown risks, uncertainties, and other factors, including without limitation, risk that the Company will be adversely affected by capital constraints, changes to or failure to execute the Company's strategy and business plan, non-renewal or revocation of FCC licenses, variable customer demand, technological risks, ability to manage growth, competition and government regulation and other risks may cause actual results to differ materially from the future results implied or expressed in the forward-looking statements. Many of these risks and uncertainties are further discussed in our most recent filings with the Securities and Exchange Commission, including our annual report on Form 10-K for the fiscal year ended December 31, 2004. The Company does not undertake to and expressly disclaims any obligation to update or revise its forward-looking statement publicly to reflect any change in these forward-looking statements, or in events, conditions or circumstances on which any such statements may be based, or that may affect the likelihood that actual results will differ from those set forth in the forward-looking statements.

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